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Thank you for all
the activities.
Running was my
favorite! I will miss
you. 😊

Julian Olson

Coach Liz - We have had so much fun doing
the Lake Run for you! (As a parent volunteer
I've really enjoyed getting to watch you in
action! You will be missed!

Holly, Dario & Gabriel Maffei

DEAR COACH LIZ, I WILL
MISS YOU. 😞 THANK YOU
FOR ALL YOU DID FOR US
LUC CHENG



Coach Liz, I hope you
feel good at your new
school. I hope you have
a good time. 😊
Leo Cheng

Thank you for bringing so much
enthusiasm, creativity and positive
energy to PE and sports at
Hillcrest! We have all benefitted
from your big heart and your
generous efforts to connect Hillcrest
to the broader Oakland community.
We wish you and your family all the
best in LA. Please keep in touch!
Bernadette, Sylvain, Alexi, Chloe
and Nico

*Coach Liz, your PE classes and scavenger hunts
were a bright spot during the pandemic for our
entire family, and we have sincerely enjoyed
getting to know you during the many lake runs.
You have been a tremendous asset to Hillcrest, and
you will be deeply missed. We wish you and your
family the best.*

Emmy, Lucy, Dave and Eileen Carney

Dear Coach Liz Thanks so much for all the fantastic activities and your enthusiasm to get everyone to move both during the zoom period and on the playground! Aliya and Naomi have had so much fun doing PE with you!

Aliya, Naomi, Megan, and Darrin Porter

Coach Liz we will miss you! Best wishes for your move to SoCal. Thank you so much for all work with the kids both for PE and middle school sports.

Mason, Helen, and David Goldman

Thank you for teaching me P.E. Love,

Leia Palladino ❤️

good luck coach Liz. i will miss you

Cadence Kienitz

I will miss you coach Liz. I love doing P.E with you

Siena Palladino

We will miss you!!
Madison

Dear Coach Liz,

You have had such a huge and positive impact on the entire Hillcrest community throughout your years here. From your creative ways to get kids moving during quarantine, to your dedication to bringing positivity, fun and sportsmanship to athletics - you will be sorely missed by us all! We wish you and your family the best of luck on your newest adventure and hope you'll stop by to visit us sometimes!

Peter, June, Owen, Jude and Jasper Sunwoo

Coach Liz! Thank you for all the positive energy and joy you have brought to the lives of the Hillcrest kids. Wishing you the best in your next steps and know we will all really miss you.

Love, Chloe, Katie, Quinn, Mike and Celeste Krumboltz

*Thank you coach Liz.
You were the best PE
coach ever.
Milo Yi*

Coach Liz,

Thank you for your positivity and keeping everyone active and focused. We wish you all of the luck and all of the good things that lie ahead.

Matt, Felise, Mila, and Anthony Moglia

Coach Liz - we are excited for you to take this next adventure, but we'll really miss you.
Jane and Gharrett Reinhart

Coach Liz - you are the best! You know I'm gonna miss our morning chats/rants over by the bike racks. Theo and Damon will miss doing those lake runs with you (though maybe not those mountain climbers :). Thanks for setting such an great example, and always asking the kids and parents at Hillcrest to be their best selves. Don't be a stranger, and best wishes for you and the family in SoCal.
Gloria (and the Seider Bruce family)

THANK YOU COACH LIZ
YOU ARE THE BEST I
LOVED ALL THE FUN
GAMES AND ACTIVITIES
YOU PLANNED FOR US
XOXO,
AYA MICHAEL



Liz,

You are a core, pivotal, irreplaceable human. Our conversations helped and guided me amidst peaks and troughs. From 2019 strike buddies, being DEI enthusiasts, and love for sports, your collaborative spirit and dedication are a rare beauty. Thank you for the past four years that felt like eight. Much love and luck,
Revaz

Coach Liz!

You will be missed...even though I only had the privilege of getting to know you over the last year, it is quite apparent, the impact you have on this community! Thank you for all of the laughs....your humor kept me going on some days...LOL! Take care and enjoy your new adventure in southern California!!

warmly,

Sara Stafford :)

Coach!

We will miss you so much♥ Have a wonderful time in LA and make sure Mikey learns to surf😎♥
Brooke

Dear Coach Liz,

Thanks for keeping the kids moving all these years! The lake runs were especially awesome. Best of luck to you and your family as you embark on your next adventure!

Susan, Michael, Sam & Ben

Hey homie,

I'll miss you a ton and you'll always be one of the most important elements of the beginning of my teaching career. I know you and Annie are gonna kill it in LA and Mikey is gonna have a great time too. I think you'll miss us but there's such great things waiting for y'all down there as well. See the next page for some pics!

Take it easy,
Marc



Liz,
 Thanks for everything you have done for Hillcrest athletics! I will miss sending my class to such an amazing PE teacher. My students all love PE because of you! Thank you for also being on the social committee with me throughout the years! Good luck on your future endeavors, I know you'll be amazing.

Caroline

Coach Liz,
 Thank you for everything you've done for Hillcrest! Thanks to you, the kids love being outside and push themselves to run extra miles no matter what they do. We wish you the very best!

Ginu, Migi and Min

Dear Coach Liz,

Thank you so much for your dedication, commitment, enthusiasm and love for all of our Hillcrest kids. We are grateful that we got to get to know you and wish you and your family the very best as you move forward.

Love,

The Thompson Family



Dear Coach Liz,

We will miss you **SO MUCH!** Thank you for always going above and beyond. We wish you and your beautiful family the very best in your new adventures.

Warmest Regards,

The Lindleys (Erik -K/Jackson 6th)

Coach Liz,

It was a pleasure to work with you this year. Thanks for making PE so much fun for all of our students.

Best wishes to you and your family.

Ron Kopiko

Bye, bye, coach Liz.
I'll miss you!
Owen Ashton
(kinder)

Bye Coach Liz, We'll miss you!!

Katherine Auker

Dear coach Liz, I liked the lake run a lot. Good luck with your move

Angelo

Dear coach Liz, I hope you have a great move You were a great P.E. teacher. The lake run was really FUN!

DAVIS

Dear Coach Liz, you are the best p.e. teacher ever.

😊 From, Karum Sangha 3rd grade

Thank you Coach Liz!

Mackenzie Wolberg

Thanks for making P.E. so fun! You'll be missed.
Isabelle & Louis Rohou

Thank you so much for everything that you did for us. We will miss you. I hope your new job is great and you and your family have a happy life in Southern California!

Thanks again!
Hayden Struyk

Dear Coach Liz,
Thank you for making PE so fun with the all the games and the Lake Run. We will miss you at Hillcrest.
Love, Sahej Sangha 4th grade

We'll miss you so much but are cheering on this next move for you and your family. Thank you for bringing such an incredible energy to Hillcrest, in PE and far beyond -- your impact will not soon be forgotten.
love, sarah, sheraz, ruby + lena shere

Coach Liz,

You have meant so much to our school, kids, and families. Thank you for going the extra mile during pandemic PE, encouraging all of us to think bigger and more justly at school and in the world, and simply being a wonderful, joyful presence on campus. Though we will miss you terribly, we wish you and your family every good thing as you make your next move.

Your friends, Estelle, Brian, Adie, Drew, & Mari Huerta

Dear Coach Liz,

we will really miss you but are excited for you in your new adventure! Thank you for all you've done to inspire, teach, and cheer on our kids! We hope to cross paths with you again!

Erika, Rich & Aaron Feller

Coach Liz -

Thank you for all that you do! With sincere appreciation, Maceo & Bridget

Dear Coach Liz,

Thank you for everything. You have done so much for our community. We will all miss you so much!

Ember Auker

Coach Liz

Thank you sooo much for being such an amazing coach. P.E. was so much better then it was before you came. I loved all the games you came up with for us. I lerned so many amazing skills and had so much fun with you. THANK YOU! We'll miss you so much! P.S. thanks for letting me and my friends help you

Naia Auker

Hi coach Liz you were being
a good P.E. teacher I
would ever had in my life.
Love Wynn.



Coach Liz!
Thank you for all of the fun and
interesting activities to keep us
moving in PE. And thank you for
being an amazing coach for 6th
grade basketball! We will miss your
enthusiasm, energy and heart at
Hillcrest! Best of luck in SoCal,
keep in touch!
Julia and Sara Sante

Dear Coach Liz,
Thank you for bringing so much spirit & fun to
Hillcrest. We loved hearing about all the "really fun"
games you would organize- it was so clear that you
brought a lot of heart & enthusiasm to school :)
Best of luck in your future endeavors. Hillcrest
won't be the same without you.
We will miss you! Love,,
The Magaña clan

DEAR COACH LIZ,
WE WILL MISS YOU AT HILLCREST. WE
APPRECIATED THE CREATIVE ZOOM
GAMES DURING THE SHUTDOWN AND
ALL THE LAKE RUNS AND CREATIVE
GAME SANS ACTIVITIES. AND WE
APPRECIATE THE LIFE SKILLS AND
LESSONS WORKED IN TO THE
ACTIVITIES! BEST WISHES IN YOUR NEW
ROLE!
ASHER LUSKIN + FAMILY

Dear Coach Liz - We all are so appreciative of everything you have done for Hillcrest. You care so much about the kids and it shows. You care so much about MS sports and worked so hard behind the scenes to help the coaches and players during an ongoing pandemic! We will miss you greatly.

Love, Nova, Dave, Anya & Ethan
The Goldberg Family

*Dear Coach Liz, you are a
great PE teacher, he played so
many fun games and class with
you. We won't forget you.
Quinn Meyer*

*Hi Coach Liz,
Thank you so much
your the best. We
will definitely
miss you!
Pierce's Family ❤️*

Dear Coach Liz- I'm so luckythat I got to spend so much time with you this year (albeit on the phone talking MS sports), and I am not quite sure how we will all survive without you ... but mostly, i'm so glad to have found a friend in you, specifically this year. You were not only a great coach to my kids, but also to me. I'm forever grateful for you and all the extra time you spent with me, and making these seasons so rewarding and fun for everyone involved. Please keep in touch- I also demand photos of Mikey growing up! Much love to you,
Coach Meghan

**Thank you for being an
awesome PE teacher.
I'm going to miss you.
Hayes Langston**

*thank you for being a great coach,
best of luck in the future.
Wyatt Langston*

Dear Coach Liz,

Thank you for all that
you've done for our
kids. We will miss you!
We wish you the best
of luck in LA!

Hwang Family (Tracy,
Albert, Abby, and
Zoey)